



Wellness Bursary

Wellness Programs and Activities for Unifor Local 52-A Members

Unifor Local 52-A is committed to supporting the overall wellbeing of its members through a variety of wellness programs and activities. These initiatives are designed to promote physical, mental, and emotional health in the workplace and beyond. Programs may include fitness challenges, mental health workshops, stress management seminars, ergonomic assessments, and access to counseling services. Social and recreational events are also encouraged to build community and support work-life balance. By fostering a culture of health and wellbeing, Local 52-A aims to enhance quality of life, reduce burnout, and ensure a supportive, healthy environment for all members.

Wellness Course Bursary

FROM UNIFOR LOCAL 52A POLICIES & PROCEDURES, POLICY #14:

That a Wellness Course Bursary be established and given to members under the following guidelines:

To qualify:

The applicant must have been a member of the Local for over 12 months.

*Approval must be obtained from the Professional Development Fund Officer **prior** to commencement of course.*

Course should be wellness related.

*To receive reimbursement after completion of course the **receipt** must be provided to the PD Fund Officer at a Unifor Local 52A Board of Director's meeting. (Dates available from PD Fund Officer)*

The Local shall pay to a maximum of \$100.00 per member every year while funds are available.

The monies allocated to the Professional Development Fund will be determined through the yearly budget process.

In the event of a refusal for funding, an employee may appeal to the Executive.

INSTRUCTIONS:

Fill in PART A, email to Professional Development Fund Officer for approval:

Janice Bowman
St. Francis of Assisi School
Phone: 780-476-7634
LocalTreasurer@Unifor52A.com

Approval will be emailed back to you. When the course is complete, contact the P.D. Fund Officer to arrange which Board of Director's meeting you will be attending.

WELLNESS COURSE BURSARY APPLICATION

DATE: _____

PART A:

APPLICANT'S NAME: _____

SCHOOL/SITE NAME: _____

Have you been a member of Unifor Local 52A (paying dues) for more than 12 months? Yes No

COURSE NAME: _____

COURSE LOCATION: _____

COURSE DATE: _____ COURSE COST \$ _____

PART B:

AMOUNT APPROVED: \$ _____

DATE APPROVED: _____ SIGNATURE: _____

Janice Bowman
St. Francis of Assisi School

* * PLEASE BRING TO THE MEETING THE FOLLOWING TO RECEIVE YOUR BURSARY:

Copy of receipt

AND

Copy of proof of course completion
(if available)

Date of Board of Director's meeting attended: _____